



	Lunes	Martes	Miercoles	Jueves	Viernes
9:15/10:15	CONTROL GYM		CONTROL GYM		
9:15 / 10:00		ACUA ACTIVITY		ACUA ACTIVITY	
9:30/10:25	CICLO INDOOR	CICLO INDOOR		CICLO INDOOR	ENTRENAMIENTO FUNCIONAL
10:30/11:30		ZUMBA	FITNESS PUMP		
15:00/15:30	AQUA BEBÉ				
18:30/19:25	FITNESS PUMP	GAPP	FITNESS PUMP	GAPP	
18:30/19:25		CICLO INDOOR		CICLO INDOOR	
19:15/20:10					CICLO INDOOR
19:40/20:15		STRECHING		STRECHING	
19:35/20:30	CICLO INDOOR	CONTROL GYM	CICLO INDOOR	CONTROL GYM	
19:30/20:25	ZUMBA		ZUMBA		
20:35/21:30	CICLO INDOOR		CICLO INDOOR		
20:30/21:25					ENTRENAMIENTO FUNCIONAL
20:30/21:25	FITNESS PUMP		FITNESS PUMP		
20:40/21:40		CONTROL GYM		CONTROL GYM	
20:45/21:30	ACUA ACTIVITY		ACUA ACTIVITY		

\*Excepto Festivos y Puente Nacionales